February 2024 News and Updates

UT Southwestern Medical Center

Department of Orthopaedic Surgery

Volume 3 | Issue 2

Top Story

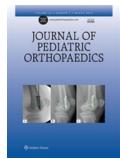


Why Podiatrists Say You Should *Never* Ignore Painful Cracked Heels + Easy Home Remedies

(Yahoo! Life) Cracked heels, or heel fissures, occur when the dry, thick skin on or around the sides of your heel cause little splits. When this happens, skin on the bottom of the heel can develop into calluses, which occur from repeated friction or pressure to the same area, explains **Suganthi Kandasamy, DPM**, a podiatrist and an assistant professor in the Department of Orthopaedic Surgery at the UT Southwestern Medical Center in Dallas.

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Publication Spotlight



Treatment of Delbet II/III Pediatric Femoral Neck Fractures With Proximal Femoral Locking Plate Versus Cannulated Screws

Published in the Journal of Pediatric Orthopaedics, this joint study between UT Southwestern Orthopaedic Surgery, Scottish Rite for Children, and Children's Medical Center is meant to evaluate rates of union, coxa vara, and AVN in traumatic pediatric femoral neck fractures treated with PFLP or cannulated screws (CS). Notable authors are **PGY5 resident, Timothy Harris, M.D. and Scottish Rite Faculty David Podeszwa, M.D. and William Morris, M.D.**



Department News and Announcements

Department News

Darrel Loveless retiring after 30 years at UT Southwestern

Darrel Loveless, who is our senior data analyst, is retiring after 30 years of working at UT Southwestern. He will retire on February 29, 2024.

Throughout his career at UT Southwestern, Darrel was at the Department of Surgery, and in 1996, he was tasked with transitioning the department from DOS to Windows Operating System. After his long tenure there, he came to the Department of Orthopaedic Surgery in 2015.

We are thankful for Darrel and his time at UT Southwestern. We wish him the best of luck on his new journey.



Work Anniversaries - February 2024

The Department of Orthopaedic Surgery would like to highlight the major work anniversaries for this month.

Scottish Rite for Children's **Hong "Johnny" Zhang, M.D. (pictured)** is celebrating 3 years of professorship with the department. UTSW Orthopaedic Staff Members celebrating their work anniversaries are **Yolanda Inboden (7 years)** and **Nicole Abraham (4 years)**.

Congratulations to Dr. Zhang, Yolanda, and Nicole!



Department Announcements

U.S. News & World Report voting is now open!

The **U.S. News & World Report survey** is **now open** to board-certified physicians to vote on the best hospitals in the country for 2024-25. If you're eligible, please participate. <u>Click here</u> for more on voting information. Survery is open between now and mid-March!

UT Southwestern Hansjörg Wyss Symposium 2024

UT Southwestern Hansjörg Wyss Symposium

UTSouthwestern

Medical Center Orthopaedic Surgery

Mark your calendars for the **UT Southwestern Hansjörg Wyss Orthopaedic Trauma Symposium**. It will take place **June 1-2, 2024** at the **Statler Hotel in Downtown Dallas**. This event will focus on orthopaedic case studies presented by guest speakers from across the country. **More event details will be announced soon**.

New Year, New Headshots? Schedule a time to take your headshots at CUH

UTSW faculty and staff have the opportunity to have a **new professional headshot** taken for free. The sessions take about 10 minutes and require sign ups in advance.

<u>Click here</u> to sign up for a spot today! These headshot sessions occur at CUH.



Faculty News

Dr. Liu named 73rd President of ACFAS + more ACFAS 2024 highlights

Early this month, the American College of Foot and Ankle Surgeons (ACFAS) hosted their 2024 Annual Scientific Conference in Tampa, FL.

At this year's conference, UTSW Orthopaedic Surgery was well represented with our foot and ankle surgery section. **George Liu, D.P.M., Katherine Raspovic, D.P.M., Michael VanPelt, D.P.M.,** and **Dane Wukich, M.D**., in attendance to speak and present at the conference.

During the conference, Dr. Liu assumed the role as the **73rd President of ACFAS**. He will be leading the Board of Directors

throughout this year on initiatives for the organization. Congratulations, Dr. Liu!







Scottish Rite Faculty at this year's PRiSM Annual Meeting

UT Southwestern/Scottish Rite for Children Faculty had a strong showing at the **PRiSM Annual Meeting** that was held **January 25-27**, **2024**. Jacob Jones, MD, won in the Diagnosis,Treatment, Management of Medical Conditions Award Session and Sophia Ulman, PhD, won the 2024 Outstanding National Researcher Award. Henry Ellis, MD, will be moving into the Treasurer role on the PRiSM Board, and Ulman was elected to join the PRiSM Board as a Director-at-Large.



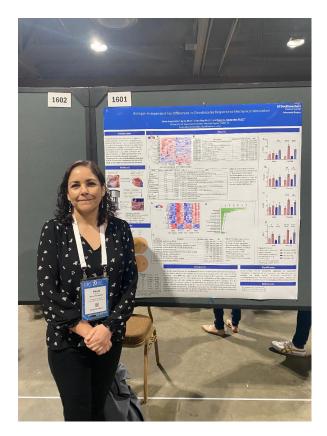


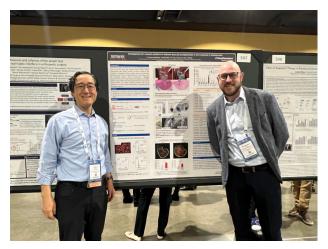
UTSW Ortho at the ORS 2024 Annual Meeting

Another conference that happened this month was the **Orthopaedic Research Society (ORS) 2024 Annual Meeting**.

UT Southwestern Orthopaedic Surgery Researcher, **Paula Hernandez**, **Ph.D.** (**pictured**), was heavily involved in the conference. She lead the pre-conference weekend program, ORS Open Doors, which is a STEM outreach program for young students interested in the field of orthopaedic research. Dr. Hernandez also led and organized a Scientific Workshop at the meeting.

Other UTSW Orthopaedic Surgery Faculty involved in the meeting were **Richard Samade, M.D., Ph.D.** and Scottish Rite Faculty Member **Harry Kim, M.D.**







Dr. Sanders selected to participate in OTA Traveling Fellowship 2024

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Dr. Sucato invited to the Campbell Clinic's 2024 James H Beaty MD visiting professor in pediatric orthopedics

UTSW Orthopaedic Surgery Professor and Scottish Rite for Children Chief of Staff, Daniel Sucato, M.D., was the 2024 James H. Beaty, MD visiting professor in pediatric orthopedics at The Campbell Clinic in Memphis, TN.

During the lecture, Dr. Sucato gave an impactful message to the audience on 25 years in the practice of orthopedics. His key points were to be grateful, have a plan, do your homework, master your craft, and be a life long learner.

Program

UT Southwestern Orthopaedic Surgery Associate Professor and Residency Program Director, **Drew Sanders, M.D.** has been selected to participate in the **OTA Traveling Fellowship for 2024.** This once in a lifetime opportunity is a leadership experience that offers advanced experience, networking and professional development.

This travel program will take place later this spring across the US and Canada. Congratulations Dr. Sanders!

<u>Click here</u> to learn more about the OTA Travel Fellowship.



Research News

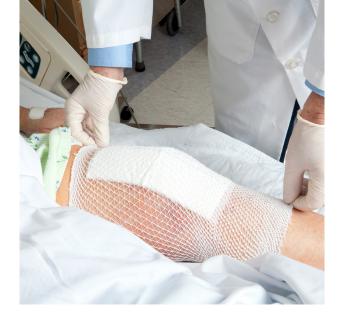
Top Research:

Age, sex, race among top risk factors for revision knee surgery

Patients who are younger than about 40, male, or Black are among those most at risk for revision surgery after having had a total knee replacement, according to UT Southwestern Orthopaedic Surgery

Researchers. The study features Georges Bounajem M.D. as first author and was the first to explore relationships among risk factors for revision after total knee arthroplasty (TKA).





Other Recent Published Research:



Technical Trick: Traction Table-Assisted Lateral Decubitus...: Journal of Orthopaedic Trauma

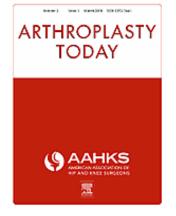
Cephalomedullary nail fixation of geriatric intertrochanteric femur fractures is, and will continue to be, performed by most orthopaedic surgeons. The influence of technical factors on outcome is clear, and it is imperative that orthopaedic surgeons use contemporary strategies to achieve adequate reduction and fixation. The lateral patient position on a traction table ...

Metaphyseal Fracture Displacement is Predictive of...: Journal of Pediatric Orthopaedics

Triplane fractures are rare enough that large homogeneous series to support management decisions are lacking. During initial evaluation, the addition of computed tomography (CT) to conventional X-rays (XR) does not always alter the patient's clinical course. Therefore, routine use of CT is controversial. This study aims to ...

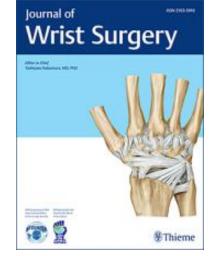


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In Vitro Investigation of Column Fixation Constructs for Periacetabular Osteotomy: Which Provide the Greatest Stiffness and Strength?

Periacetabular osteotomy (PAO) is an effective surgical procedure for managing acetabular dysplasia. The purpose of this study was to analyze the biomechanical properties of novel PAO constructs that incorporate orthopaedic trauma techniques. We hypothesize that these fixation methods will create a stiffer construct that tolerates higher loads to failure ...



Surgical Treatment of Scaphoid Fractures: Recommendations for Management

Several operative treatments exist for scaphoid fractures, varying by approach (e.g., ercutaneous, volar, or dorsal), implant type (e.g., screw or Kirschner wire), and bone raft choice (e.g., none, nonvascularized, or vascularized). Many previous systematic eviews and meta-analyses have investigated outcomes following different surgical approaches ...

Read More Read More

Education News

Match Day 2024 is in two weeks!

Match Day 2024 is coming up! It will be held nationally on **Friday**, **March 15**. It is a time when fourth-year medical students find out where they are matched for their residency program.

For **UT Southwestern**, Match Day celebrations will be held in the gym of the **Bryan Williams**, **M.D. Student Center.**

We want to see photos from your Match Day! Please share a photo to <u>Orthopaedic Marketing</u> by **March 8th** to be featured on the department instagram.



Upcoming Orthopaedic Surgery Conferences

TOA Annual Conference 2024 - Frisco, TX, April 4-6, 2024

<u>Mid-America Orthopaedic Association 2024 Annual Meeting</u> - Bonita Springs, FL, April 10-14, 2024

American Medical Society for Sports Medicine Annual Meeting 2024 - Baltimore, MD, April 12-17, 2024

Upcoming Orthopaedic Surgery Events



Pediatric Orthopedic Education Symposium

March 2, 2024 | Scottish Rite for Children

Scottish Rite for Children's annual **Pediatric** Orthopedic Education Symposium (POES) will be held March 2, 2024 in Dallas. It is an in-depth and practical conference that helps pediatricians tackle many of the orthopedic issues their patients face on a daily basis. This activity has been approved for AMA PRA Category 1 Credits[™].

Registration is now open. <u>Click here</u> for more information.

Medical Education Program: Hand, Wrist, and Elbow (Arthrex)

Held the **weekend of Friday**, **March 8th** in **Naples**, **FL**, **Arthrex** is hosting the **Medical Education Program: Hand**, **Wrist and Elbow**, which is a technique-oriented program. UT Southwestern Orthopaedic Surgery Assistant Professor, **Daniel Koehler**, **M.D.** will be a course faculty member for two master classes in the program.

For more information, check out the links to the following dates:

Friday, March 8 - Master Class: Carpal Instabilities

Saturday, March 9 - Master Class: Complex Traumatic Hand





Principles of Total Hip and Knee Arthroplasty

April 26 - April 27, 2024 | Dallas, TX

For second, third, and fourth year orthopedic surgery residents, this course is modular in structure and highly interactive. Short, evidencedbased lectures cover the key information required. Moderated case discussions in small groups will expand on each topic and help participants to develop decision-making and surgical management skills. Section Chief of Total Joints, **Michael Huo**, **M.D.** is the Chairperson for this course, and **Garen Collett**, **M.D.** is a faculty lecturer for the course.

Click here to register today for this AO course.

Get in Touch

Contact Ortho Marketing Today!

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Email at orthopaedicmarketing@utsouthwestern.edu

Stay up-to-date on physician news by clicking the computer icon and visit the UT Southwestern Orthopaedics Physician Portal.



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