

# April 2024 News and Updates

**UT Southwestern**  
Medical Center  
Department of  
Orthopaedic Surgery

Volume 3 | Issue 4

## Top Story

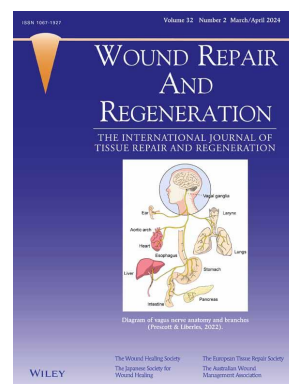


### Oral contraceptive use may reduce muscle-tendon injuries

Women who take oral contraceptives may be significantly less likely to experience certain musculoskeletal injuries than women who do not take the drugs or men, according to a study by UT Southwestern Medical Center researchers. UTSW Orthopaedic Surgery PGY1 resident, **Yida Liu, M.D.** was a collaborating author of this study.

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## Publication Spotlight



### Outcomes of open reduction and internal fixation of calcaneus fractures: A database study comparing patients with and without diabetes

Published last month in the journal *Wound Repair and Regeneration*, this new study compared post-operative outcomes after open reduction and internal fixation (ORIF) for calcaneus fracture in patients with complicated DM, uncomplicated DM, and patients without DM. It was led by UTSW Orthopaedic Surgery Assistant Professor, **Matthew Johnson, D.P.M.** Other notable authors are **Katherine Raspovic, D.P.M.** and **Dane Wukich, M.D.**

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Department News and Announcements

## Department News

### UT Southwestern Orthopaedic Surgery witnessing the Total Solar Eclipse around Dallas

The **Total Solar Eclipse** happened this month on **Monday, April 8, 2024**. With Dallas in the path of totality, UTSW Orthopaedic Surgery Department Faculty, Staff, and Residents witnessed a historic celestial event.

From campus watch parties to gathering around the clinic, we witnessed day turn into night for a brief few minutes. Check out all the highlights.



Also, check out the campus wide highlights of the Total Solar Eclipse and [click here](#) to view the CT Plus Gallery.

### Department Staff Promotions: Congrats Porsche and Maryna!

The Department of Orthopaedic Surgery is excited to announce new staff promotions:

**Porsche Bates** is the new **Administrative Coordinator**. She will be taking on all aspects of faculty affairs for Orthopedic Surgery.

**Maryna Ortega** is now a **Finance Senior Program Coordinator**. Maryna will be taking on additional expanded finance responsibilities, including financial analysis, budgeting, forecasting, and managing financial controls for the department.

Congratulations to Porsche and Maryna!



## UT Southwestern Work Anniversaries - April 2024

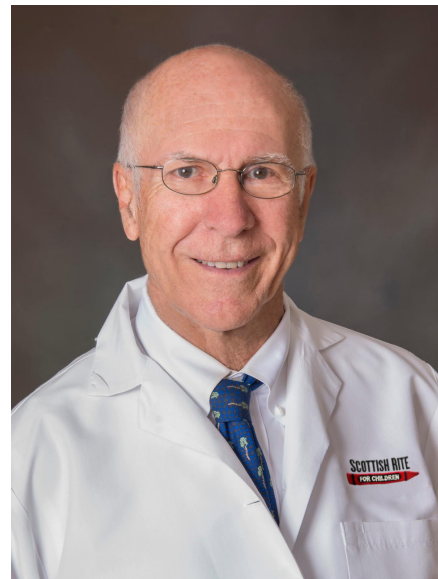
Please congratulate our Department of Orthopaedic Surgery colleagues on their major work milestone:

**Tony Herring, M.D. (Scottish Rite) (Pictured) - 46 years**

**George Liu, D.P.M. - 15 years**

**Ruben Pacheco Ortiz - 11 years**

[Click here](#) to view the full list of April 2024 work anniversaries.



### APP Fellowship Awards: Congrats Amanda and Dr. Samade!

In celebration of the APP Fellowship Graduation, there were awards given out to UTSW Orthopaedic Surgery Faculty and APPs that made an impact in the program that year.

Lead APP, **Amanda Ben Simon, MMS, PA-C** was awarded **APP Preceptor of the Year**. This is the second year in a row that Amanda has received the award. Also, UTSW Orthopaedic Surgery Assistant Professor, **Richard Samade, M.D., Ph.D.** was awarded **Attending of the Year**.

Congratulations to both Dr. Samade and Amanda!

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## Department Announcements

### UT Southwestern Hansjörg Wyss Symposium 2024



# UT Southwestern Hansjörg Wyss Orthopaedic Trauma Symposium

The Statler Hotel in Dallas, TX

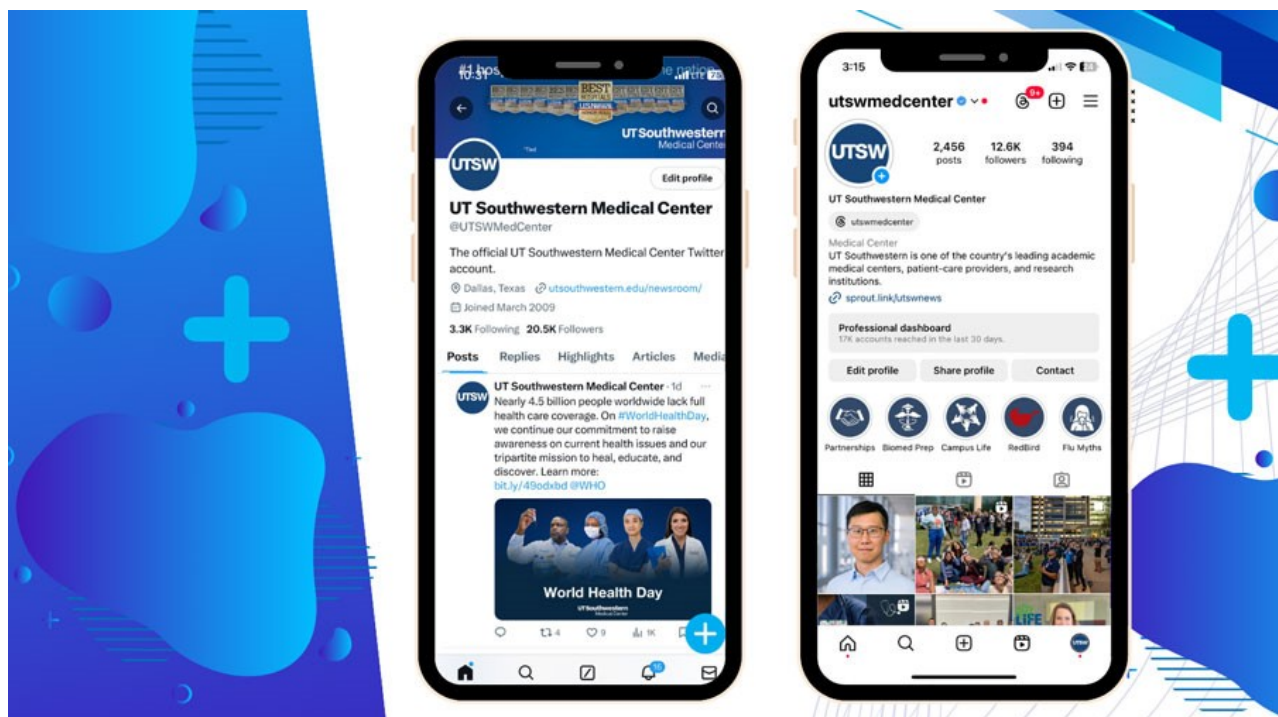
Save The Date  
June 1 -  
June 2, 2024

Join us for the **UT Southwestern Hansjörg Wyss Orthopaedic Trauma Symposium 2024**. It will take place **June 1-2, 2024** at the **Statler Hotel in Downtown Dallas**. This event will focus on orthopaedic case studies presented by guest speakers from across the country. **Please see the events section for more information about registration.**

## Social Media News: UTSWNews changing to UTSWMedCenter

UT Southwestern has now changed its [X](#) and [Instagram](#) handles on social media to **@UTSWMedCenter**. The change has come into affect this month as the university's social media team is continuing to promote the tripartite mission to educate, discover, and heal.

If you're already following these accounts, you won't need to do anything, but if you're tagging the account in your own posts, be aware of new change! For our **department social media accounts** on X and Instagram, our handle ([@utswortho](#)) has not changed.



## New Employee Spotlight: Kyndra Gross, MPAS, PA-C

The Department of Orthopaedic Surgery would like to welcome our new Physician Assistant, **Kyndra Gross, MPAS, PA-C** to the team!

She joined the APP Ortho cohort early this month. Kyndra will be working with **Michael Khazzam, M.D.** as full time support.



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## Share Your UT Southwestern Pride with Talent Acquisition

**UT Southwestern Talent Acquisitions** team is looking for employees to spotlight on the institution's social media accounts.

If you love working at UT Southwestern and for our department, [click here](#) to fill out the **Talent Acquisition Team Employee Spotlight Survey: Orthopaedic Surgery.**

Share your answers and help the team recruit other great team members to join us!

## New Headshots? Schedule a time to take your headshots at CUH

UTSW faculty and staff have the opportunity to have a **new professional headshot** taken for free. The sessions take about 10 minutes and require sign ups in advance.

[Click here](#) to sign up for a spot today! These headshot sessions occur at CUH.



## Administrative Professional's Day is Today! (April 24, 2024)

Today is **Administrative Professional's Day**, which recognizes the professionals who keep offices and departments running smoothly every day.

We couldn't do it without our Administrative team for the Department of Orthopaedic Surgery. Thank you for all of your hard work. [Click here](#) for the Admin Week shout out.

The Department of Orthopaedic Surgery will have

an **Administrative Professionals Day luncheon** from 12-2pm in the Outpatient Building Fourth Floor large conference room (WA4-102).

## **ADMINISTRATIVE PROFESSIONALS DAY**



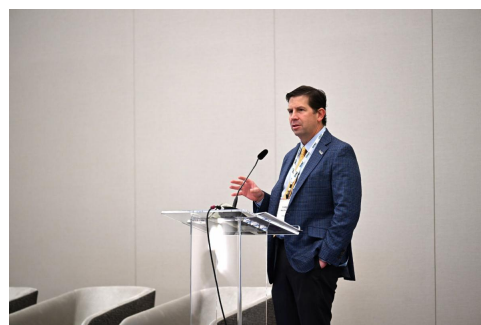
## **Faculty News**

### **Dr. Ellis closing out his year as President of Texas Orthopaedic Association**

UTSW Orthopaedic Surgery Assistant Professor and Scottish Rite Faculty, **Henry Ellis, M.D.** closed out his tenure as **President of the Texas Orthopaedic Association.**

During the **TOA 2024 Leadership Conference**, Dr. Ellis reflected on his time in his influential role and representing Texas orthopaedic surgeons as well as his work to ensure outstanding musculoskeletal care for Texas patients.

Congratulations on a great term as president, Dr. Ellis! We appreciate your continued advocacy and education.



### **Dr. Samade and Dr. Weinschenk present at the OneAO 2024 Conference**

Early this month, UTSW Orthopaedic Surgery Assistant Professors, **Richard Samade, M.D., Ph.D.**, and **Bobby Weinschenk, M.D.**, presented at the **OneAO 2024 Conference** in Phoenix, AZ. It was hosted by AO North America.

Drs. Samade and Weinschenk presented on 3D Printing and their work behind it as orthopaedic surgeons.

## Dr. Starr presenting at Smith + Nephew 25th Annual Master Fracture Forum

UTSW Orthopaedic Surgery Professor, **Adam Starr, M.D.** attended and presented at the **25th Annual Masters Fracture Forum** hosted by **Smith + Nephew** held on April 11-13, 2024.

On the last day of the forum, Dr. Starr presented on Pelvis and Acetabular Fractures with Reza Firoozabadi, M.D., MA, from UW Medicine Orthopaedics and Sports Medicine.

[Click here](#) for more information about the event.



## Research News

### Top Research:

### FrontiersInPediatrics: Global trends in the research on Legg-Calve-Perthes disease in Web of Science



The research on Legg-Calve-Perthes disease (LCPD) has shown significant fluctuations but a gradual increase in the number of articles published over the last two decades. The United States leads in the number of publications of LCPD, with **Harry Kim, M.D., M.S.**, and **Scottish Rite for Children** being the most productive institution.

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## Other Research Publications:

### Are Recreational Sports a Relic of the Past OR a Solution... : Current Sports Medicine Reports

Children's participation in sport is a critical component to their physical and social development and as such, efforts should be made to provide all children with the opportunity to play. In recent years, there has been an observed shift in the focus of youth sports from that of participation for the health benefits of physical activity and fun to that of winning and competing. As a result, there has been a rise in club sports ...

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### Osteoarthritis and Cartilage

Volume 27 Number 4 April 2018 0301260-0308

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J. Collins, USA  
A. Lurie, USA

Communications Editor:  
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### Response to commentary by Dvir-Ginzberg et al

Dvir-Ginzberg et al. highlight important limitations of the bench-to-bedside translational targeting approaches to treat OA. The lack of success in OA treatments discussed by the authors—with a focus on chondrosenescence—should be a wake-up call for improving preclinical models in OA. Nevertheless, the biology of sex differences has multiple levels of complexity including genetic contribution, epigenetic modifications, abundance of transcription factors, influence of sex hormones ...

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## Pain Physician

### Cervical Nerve Root Block Using a Curved Blunt Needle and Posterior Approach

Cervical transforaminal epidural steroid injections have become less popular due to the risk of catastrophic complications they pose. However, cervical nerve root blocks are useful for surgical planning in patients with cervical radicular pain syndromes. Cervical selective nerve root blocks using a curved blunt needle and a posterior approach are effective in selectively



### Treatment of Delbet II/III Pediatric Femoral Neck Fractures ... : Journal of Pediatric Orthopaedics

Complications following operative treatment of pediatric femoral neck fractures include nonunion, coxa vara, and avascular necrosis (AVN). Proximal femoral locking plates (PFLPs) provide a fixed-angle construct that may reduce the rates of coxa vara, but their use in pediatric femoral neck fractures has



identifying nerves that cause clinical symptoms. This technique minimizes the risk of arterial or spinal cord impingement and therefore may be safer than transforaminal selective nerve root blocks ...

[Read More](#)

not been studied. The purpose of this study was to evaluate rates of union, coxa vara, and AVN in traumatic pediatric femoral neck fractures treated with PFLP or cannulated screws (CS).

[Read More](#)

## Education News

### TOA Leadership Conference 2024: Residency Program Event Highlights

UTSW Orthopaedic Surgery was in the spotlight at the **Texas Orthopaedic Association 2024 Leadership Conference** that happened the first weekend of April in **Frisco, TX**. There were many department faculty and alumni present at the conference.

Some of our PGY3 Residents, **Dang-Huy Do, M.D., Andrew Hinkle, M.D., Hunter Jones, M.D., and Joshua Sun, M.D.**, participated in the **Battle of the Bones Resident Skills Challenge**, where residents competed on surgical skills against other Texas programs. Our group placed 2nd out of 11 other groups.

In the Resident Research Presentations, **Dang-Huy Do, M.D.** won first place for his presentation "Radiographic Templating for Tarsometatarsal Operative Fixation". Resident Program Director, **Drew Sanders, M.D.**, was the faculty member on this study.

Congrats to our residents on a fun successful conference weekend and representing our department.



**On-Campus Resource: UTSW Resident Wellness and Counseling**

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Did you know? There is a **Resident Wellness and Counseling Office** at UT Southwestern, and they are officially on Instagram!

This group is an on-campus resource that supports all residents and fellows for achieving and maintain health and balance in your life.

[Click here](#) to check them out on Instagram.

## New Fellow selected for the Scottish Rite for Children and UT Southwestern Fellowship in Orthopedic Sports Medicine

Scottish Rite for Children has announced the new fellow, **Michael Kutschke, M.D.**, for the **Fellowship in Orthopedic Sports Medicine**. The first ever ACGME-accredited sports medicine fellowship in North Texas is sponsored by Scottish Rite and UT Southwestern focusing on pediatric sports medicine.

"With the sports medicine expertise at Scottish Rite, UTSW, and the Dallas areas, this sports medicine fellowship will be one of the most sought after training opportunities to those interested in advancing their skill in arthroscopy and sports medicine, and also allow for them to get one of the best pediatric sports medicine training opportunities in the county" says **Henry Ellis, M.D.** who is the director of the fellowship program.

We are excited for this new program with Scottish Rite for Children. [Click here](#) to learn more about the Sports Medicine Fellowship.

Fellowship in

## Orthopedic Sports Medicine



**Michael Kutschke, M.D.**  
Brown University / Rhode Island Hospital

**SCOTTISH RITE**  
FOR CHILDREN

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CLASS OF  
**2025-2026**

## Upcoming Events

### Upcoming Orthopaedic Surgery Conferences

**EPOSNA 2024 Annual Meeting** - National Harbor, MD, May 8-11, 2024

**Arthroscopy Association of North America 2024 Annual Meeting** - Boston, MA, May 9-11, 2024

## Upcoming Orthopaedic Surgery Events



### AO Reconstruction NA Course - Principles of Total Hip and Knee Arthroplasty

April 26 - April 27, 2024 | Dallas, TX

For second, third, and fourth year orthopedic surgery residents, this course is modular in structure and highly interactive. Short, evidenced-based lectures cover the key information required. Moderated case discussions in small groups will expand on each topic and help participants to develop decision-making and surgical management skills. Section Chief of Total Joints, **Michael Huo, M.D.** is the Chairperson for this course, and **Garen Collett, M.D.** is a faculty lecturer for the course.

[Click here](#) to register today for this AO course.

### Inaugural UT System AI Symposium in Health Care

May 30 - May 31, 2024 | UTSW Campus (Dallas)

Open to researchers, clinicians, educators, and students, the inaugural **UT System AI Symposium in Health Care** aims to bridge the gap between cutting-edge methodology and current day applications. Participants will learn more about current AI activities, forge new collaborations, and uncover diverse AI possibilities.



[Click here](#) to register today.

### UTSW Hansjörg Wyss Orthopaedic Trauma Symposium 2024

June 1 - June 2, 2024 | The Statler Hotel (Dallas)

Join us for the third biennial **UTSW Hansjörg Wyss Orthopaedic Trauma Symposium 2024** hosted by UT Southwestern Department of Orthopaedic Surgery. This free symposium focuses on orthopaedic trauma case studies presented by guest speakers from around the world.

Register today! [Click here](#) for more information. For questions, please email [Michelle Hughes](#).



## UT Southwestern Hansjörg Wyss Orthopaedic Trauma Symposium

The Statler Hotel in Dallas, TX

Scan QR code to register:



Save The Date  
June 1 -  
June 2, 2024

### The 46th Brandon Carrell Visiting Professorship

June 20 - June 22, 2024 | Scottish Rite for Children (Dallas)

The 46th anniversary of the **Brandon Carrell Visiting Professorship** will take place Friday, June 21 and Saturday, June 22 at Scottish Rite for Children. Led by course director Will Morris, M.D., an exciting scientific session has been planned and will focus on pediatric orthopaedic hip and lower extremity conditions, trauma and infection and spinal deformity.

[Click here](#) to register today for the event.



The 46<sup>th</sup> Annual

## Brandon Carrell Visiting Professorship

June 20-22, 2024

Scottish Rite for Children  
Dallas, Texas



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Email at [orthopaedicmarketing@utsouthwestern.edu](mailto:orthopaedicmarketing@utsouthwestern.edu)

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Stay up-to-date on physician news by clicking the computer icon and visit the UT Southwestern Orthopaedics Physician Portal.



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[UTSW Department of Orthopaedic Surgery Website](#)

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